

**Practical Practice for Practitioners (PPP)**  
**Royal Alexandra Hospital - Division of Gastroenterology**  
**September 30, 2017**  
**Program Outline - Draft as of June 6, 2017**

---

7:30 Registration

8:30 Welcome and Introductions, Lana Bistriz, Chief, Division of Gastroenterology

Moderator: Dr. RJ Bailey

**Upper Abdomen**

---

8:35 Dr. Amy Morse - What to do about gut pain and helicobacter?

8:50 Dr. Melissa Johnson - I have trouble swallowing: What should I do?

9:05 Dr. Dan Sadowski - These fancy pills don't help my heartburn

9:20 Panel Q & A: Dr. Clarence Wong, Dr. Amy Morse, Dr. Melissa Johnson, Dr. Dan Sadowski

9:40 Coffee Break (20 mins)

**Middle Abdomen**

---

10:00 Dr. Jennifer Jin - The ALT is elevated: What now? (Ultrasound & screening for Hep B,C and fatty liver)

10:15 Dr. Greg Lutzak - The alkaline phosphatase is elevated: What now? (ERCP & MRI)

10:30 Dr. Kata Matic - The lipase is elevated: Pancreatitis or not? Ultrasound shows a cyst

10:45 Panel Q & A: Dr. Leah Gramlich, Dr. Jennifer Gin, Dr. Greg Lutzak, Dr. Kata Matic

11:05 Coffee Break (20 mins)

**Lower Abdomen**

---

11:25 Dr. Dennis Todoruk - Should I have a bowel movement more than once a week?

11:40 Dr. James Ferguson - I have five bowel movements a day. What should I do?

11:55 Dr. Lana Bistriz - Sometimes I have five bowel movements a day, sometime I don't go for a week and I am always bloated.

12:10 Panel Q & A: Dr. Jill McDermid, Dr. Dennis Todoruk, Dr. James Ferguson, Dr. Lana Bistriz

12:30 Program Concludes